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EDITORIAL

Evidence as a Source of Excellence in Osteopathy

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To all the readers of this issue, we present some of the results from the research conducted by the students at the Madrid School of Osteopathy, in order to complete their Doctorate of Osteopathic Medicine Degree. Great part of this work will be presented at the next CIOST (International Osteopathy Conference) in the city of Porto (Portugal), which will be held in October 2012. We are encouraging all health professionals to attend this important event, where they can bring themselves up to date with the latest research, and where the international community will be able to learn about the latest advances in osteopathy.

This issue of our magazine includes a review of the general considerations on fibromyalgia, an illness about which there is currently much controversy.

In addition, we are publishing several original clinical research articles related to the cervical spine in some specific aspects.

We are also providing information on the effects of the pressure techniques, applied at high cervical levels, such as the occipitoatloid level and their effects on balance.

Finally, we are including, firstly, the results related to the neuromuscular abdominal techniques applied to patients with mechanical cervicalgia and their consequences in the field of employment, both with a curative and preventive purpose and secondly, a technical report on the cervical manipulation technique of the atlas.