

[EDITORIAL]

Ángel Oliva Pascual-Vaca (PT, DO, PhD), François Ricard (DO, PhD), Ginés Almazán Campos (PT, PhD, DO)

This edition of the journal contains a series of different articles related to osteopathy.

To demonstrate the safety of osteopathic interventions, we are presenting our research on muscle energy techniques for the cervicothoracic junction in patients with hypertension. We also present an article from a pilot study on variations in lung volume in patients with asthma after applying the thrust technique to the thoracolumbar junction in rotation

(seated). This edition also contains two reviews. The first is a systematic review of the effectiveness of the muscle energy technique on arterial hypertension. The second is a literature review on myofascial trigger points, from theory to practice.

We hope that you enjoy reading these articles and that they are useful for your clinical practice.

Corresponding author: angeloliva@us.es
(Ángel Oliva Pascual-Vaca)
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www.europeanjournalosteopathy.com
info@europeanjournalosteopathy.com